

2022 Akita University Faculty of Medicine Syllabus

Category	: 医療・社会・行動科学 III
Course Title	: Health and Welfare Policy
Eligible Students	: grade 3 Related Course
Code	: 71583007
Schedule	: week 18
Credits	: 1

1. Lead Instructor

Kyoko Nomura (Professor, Department of Environmental health science and Public Health, 6086)

2. Instructors

Kyoko Nomura (Professor, Department of Environmental health science and Public Health, 6086)

Masahito Fushimi (Professor, Health Center, 2287)

Katsutoshi Nakayama (Professor, Department of Respiratory Medicine, 6436)

Eri Maeda (Associate Professor, Department of Environmental health science and Public Health, 6088)

Toyoto Iwata ((IGAKUBU) Lecturer, Department of Environmental health science and Public Health, 7032)

Yong Kim Fong Roseline (Assistant Professor, Department of Environmental health science and Public Health, 6466)

Teiichiro Yamazaki (Assistant Professor, Department of Environmental health science and Public Health, 3260)

Mamiko Enoki (Part-time Lecturer, Medical Corporation Enoki Clinic)

Takashi Mogi (Part-time Lecturer, Iwate Preventative Medicine Association)

Yuuko Takayama (Part-time Lecturer, Seirei Women's Junior College)

Yuu Watanabe (Part-time Lecturer, Health Policy Department, Bureau of Social Welfare and Public Health, Tokyo)

3. Course Description Outline(Course Objectives)

【ねらい】

限られた医療資源の有効活用の視点を踏まえ、保健・医療・福祉・介護の制度の内容を学ぶ。

【授業の概要】

保健と福祉の制度の概要、発展過程を学習する

【Aim】

To learn about the content of health, medical care, welfare, and long-term care systems from the viewpoint of effective utilization of limited medical resources.

【Class Outline】

To learn an overview of health and welfare systems and development processes

4. Textbook/Reference Books

シンプル衛生公衆衛生学（南江堂、2020年度版）

NEW 予防医学・公衆衛生学（南江堂、改訂版第4版 2018年）

国民衛生の動向（厚生統計協会、2019/2020）

自殺対策白書（<https://www.mhlw.go.jp/wp/hakusyo/jisatsu/19/>）

5. Assessment

統一試験、形成評価（60%未達の場合は課題を課す）

Comprehensive examination, formative assessment (additional assignment will be given when a total score of 60% is not achieved)

6. Out of Class Study/Message

最後の講義時間に形成試験を行うので、配布資料・教科書等により予習・復習を行うこと。

Since the formative assessment is conducted during the final lecture period, preliminary studies and reviews should be conducted using textbooks and distributed materials.

Topics and Contents of class, Course Objectives						
	Class Date	Period	Class Format	Topics and Contents of class, Course Objectives	Instructors	Class Room
1	9 / 12 (Mon)	1-2	Lecture	<p>Theme: 産業保健総論 General Theory of Occupational Health 産業保健（労働基準法等の労働関係法規を含む）を概説できる。</p> <p>Outline and rationale of industrial health law system can be explained from the view of preventive medicine and environmental sciences.</p>	Toyoto Iwata	医学系研究棟 4階 6講義室
2	9 / 12 (Mon)	3-8	Lecture	<p>Theme: 産業保健各論 (1) (2) (3) Occupational Health (1) (2) (3) (1) 化学的職業性環境要因、(2) 物理的職業性環境要因、(3) 事務作業ならびに 健康管理上頻繁に問題となる環境要因を列挙し、健康障害の発症機序と予防対策の概略を説明できる。</p> <p>Students will be able to list environmental factors, to explain their mechanism by which health disturbances occur, and to propose adequate preventive measures, relating to (1) chemical agents, (2) physical agents, and (3) other hazards present in workplaces.</p>	Toyoto Iwata	医学系研究棟 4階 6講義室
3	9 / 12 (Mon)	9-10	Lecture	<p>Theme: 健康行動理論 Theory of health behavior ライフステージに応じた健康管理と環境・生活習慣改善（環境レベル、知識レベル、行動レベルと行動変容）を説明できる。 医療人類学や医療社会学等の行動科学・社会科学の基本的な視点・方法・理論を概説できる。 健康行動や行動変容を行う動機付けを概説できる。</p> <p>Students will be able to explain health management and environmental and lifestyle improvement (environmental level, knowledge level, behavioral level, and behavioral change) according to life stage. The basic perspectives, methods, and theories of behavioral and social sciences such as medical anthropology and medical sociology can be outlined. The motivations for health behaviors and behavioural changes can be outlined.</p>	Eri Maeda	医学系研究棟 4階 6講義室
4	9 / 13 (Tue)	1-2	Lecture	<p>Theme: 精神保健 Mental health 精神保健及び精神障害者福祉に関する法律、精神障害者の社会復帰施策、保健所と精神保健福祉センターの違いを説明できる。</p> <p>It is possible to explain the differences between the Act on Mental Health and Welfare for the Mentally Disabled, the social rehabilitation measures for the Person with Mental Disorder, and the Health Center and the Mental Health and Welfare Center.</p>	Masahito Fushimi	医学系研究棟 4階 6講義室

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5	9 / 13 (Tue)	3-6	Lecture	<p>Theme: 自殺概論と自殺対策 Introduction to Suicide and Suicide Prevention わが国の自殺の実態、現状、背景、対策を説明できる。 秋田県の自殺現状や対策の具体例を説明できる。</p> <p>The actual situation, current situation, background, and countermeasures of suicide in Japan can be explained. The current state of suicide in Akita Prefecture and specific examples of measures can be explained.</p>	Yong Kim Fong Roseline	医学系研究棟 4階 6講義室
6	9 / 13 (Tue)	7-10	Lecture	<p>Theme: 食品衛生 Food sanitation 栄養、食育、食生活を説明できる。 身体活動、運動を説明できる。 食品衛生法の概要と届出義務を説明できる。</p> <p>Nutrition, dietary education, dietary life can be explained. Physical activity and exercise can be explained. The outline of the Food Sanitation Act and the notification obligation can be explained.</p>	Yuuko Takayama	医学系研究棟 4階 6講義室
7	9 / 14 (Wed)	1-2	Lecture	<p>Theme: 喫煙と疾病 Smoking and illness 喫煙（状況、有害性、受動喫煙防止、禁煙支援）を説明できる。</p> <p>Students will be able to explain smoking (status, harm, prevention of secondhand smoke, support for quitting).</p>	Katsutoshi Nakayama	医学系研究棟 4階 6講義室
8	9 / 14 (Wed)	3-4	Lecture	<p>Theme: 高齢者保健 Health care for the elderly 地域包括ケアシステムの概念を理解し、地域における、保健（成人・高齢者保健、地域保健、精神保健）・医療・福祉・介護の分野間及び多職種間（行政を含む）の連携の必要性を説明できる。 高齢者の退院支援と介護保険制度を説明できる。</p> <p>Students will be able to understand the concept of a community comprehensive care system and explain the need for linkage between health (adult and elderly health, community health, and mental health), medical care, welfare, and long-term care, as well as between different occupations (including government administration) in the community. It is possible to explain the support for the discharge of the elderly and the long-term care insurance system.</p>	Kyoko Nomura	医学系研究棟 4階 6講義室
9	9 / 14 (Wed)	5-6	Lecture	<p>Theme: 高齢者保健各論 Theory of Health Care for the Elderly 各ライフステージの健康問題（高齢者保健）を説明できる。</p> <p>Health issues at each stage of life (health for the elderly) can be explained.</p>	Kyoko Nomura	医学系研究棟 4階 6講義室

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10	9 / 14 (Wed)	7-10	Lecture	<p>Theme: 学校保健 School health 地域保健における学校保健を概説できる。 1. 学校保健の基本的な考え方を説明できる。 2. 学校保健に係わる法令について概略を述べることができる。 3. 学校における健康診断について特徴と内容を説明できる。</p> <p>An overview of school health in community health can be provided. 1. The basic concept of school health. 2. An outline of laws and regulations related to school health. 3. The characteristics and contents of health check-ups in schools.</p>	Mamiko Enoki	医学系研究棟 4階 6講義室
11	9 / 15 (Thu)	1-2	Lecture	<p>Theme: ひきこもりと若者メンタルヘルス Mental health for young people ひきこもりの概念、社会的背景、精神保健のアプローチを説明できる。</p> <p>The concept of hikikomori, social background, and mental health approach can be explained.</p>	Yong Kim Fong Roseline	医学系研究棟 4階 6講義室
12	9 / 15 (Thu)	3-4	Lecture	<p>Theme: リプロダクティブヘルス Reproductive Health 各ライフステージの健康問題（母子保健、学校保健、産業保健、成人保健）を説明できる。文化・ジェンダーと医療の関係を考えることができる。キャリア開発能力を獲得する。</p> <p>Students will be able to explain the health issues at each stage of life (maternal and child health, school health, industrial health, and adult health). The relationship between culture, gender and health care can be considered. Career development skills can be acquired.</p>	Eri Maeda	医学系研究棟 4階 6講義室
13	9 / 15 (Thu)	5-8	Lecture	<p>Theme: 医療保険制度 Medical insurance system 医療保険及び公費医療を説明できる。</p> <p>Medical insurance and public expenditure medical care can be explained.</p>	Teiichiro Yamazaki	医学系研究棟 4階 6講義室

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14	9 / 15 (Thu)	9-10	Lecture	<p>Theme: 東京都の保健衛生行政 Health and hygiene administration in Tokyo Prefecture 感染症法の概要と届出義務を説明できる。 地域における、保健（母子保健、学校保健、成人・高齢者保健、地域保健、精神保健）・医療・福祉・介護の分野間及び多職種間（行政を含む）の連携の必要性を説明できる。 結核症、非結核性（非定型）抗酸菌症の症候と診断と治療及び予防法を説明できる。 保健、医療、福祉と介護のチーム連携における医師の役割を説明できる。 保健、医療に関する国際的課題を理解し、説明できる。 キャリア開発能力を獲得する。</p> <p>Students will be able to explain the outline of the Infectious Diseases Law and the obligation to report. Students will be able to explain the need for cooperation between the fields of health (maternal and child health, school health, adult / elderly health, community health, mental health), medical care, welfare, and nursing care, and between multiple occupations (including administration) in the community. The symptoms, diagnosis, treatment and prevention of tuberculosis and nontuberculous (atypical) mycobacteriosis can be explained. The role of physicians in team collaboration between health, medical, welfare and nursing care can be explained. International issues related to health and medical care can be understood and explained. Career development ability can be acquired.</p>		医学系研究棟 4階 6講義室
15	9 / 16 (Fri)	1-2	Lecture	<p>Theme: 医療従事者の健康管理 Health management of healthcare professionals 医療従事者の健康管理（予防接種を含む）の重要性を説明できる。 標準予防策 (standard precautions) の必要性を説明し、実行できる。 医療現場における労働環境の改善の必要性を説明できる。</p> <p>Students will be able to explain the importance of health care (including immunization) for HCWs. The need for standard precautions can be explained and implemented. The necessity of improving the working environment in the medical field can be explained.</p>	Kyoko Nomura	医学系研究棟 4階 6講義室
16	9 / 16 (Fri)	3-6	Lecture	<p>Theme: 産業保健特論 Special theory of industrial health 各ライフステージの健康問題（産業保健、成人保健）を説明できる。</p> <p>Health issues (industrial and adult health) at each stage of life can be explained.</p>	Takashi Mogi	医学系研究棟 4階 6講義室

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17	9 / 16 (Fri)	7-8	Self learning	Theme: 保健と福祉の制度 Health and Welfare Policy	Eri Maeda Toyoto Iwata Yong Kim Fong Roseline Teiichiro Yamazaki Kyoko	医学系研究棟 4階 6講義室
18	9 / 16 (Fri)	9-10	Formative assesment	Theme: 終了時客観試験 Objective test at the end	Nomura Eri Maeda Toyoto Iwata Yong Kim Fong Roseline Teiichiro Yamazaki	医学系研究棟 4階 6講義室