Category (科目区分)	Specialized subjects / Social Medicine System
Course Title (授業科目名)	Mental Health
Instructors (担当者名)	YONG KIM FONG ROSELINE	**Academic Year** (配当年次)	1,2
Required Course / **Elective Course** (必修/選択)	Elective Course	**Credits** (単位数)	1
Class Format (授業形態)	Lecture
Schedule (開講期間)	October 2023 – March 2024（details of dates to be discussed）
Class Date/Period (開講曜日・時間)	随時

Course Outline/ Course Objectives（授業の概要・到達目標）

Purpose of the class: To learn the concept of community mental health, which is important for people to work, learn, interact with others, and participate in various aspects of society on a daily basis. The students will also learn about rehabilitation for social withdrawal (a state of being isolated from society) and suicide prevention measures in the community. Goal of the class: To develop specific measures against mental health issues and research plans to overcome the difficulty related to mental health.The lecture will be given in both English and Japanese, and a 30-minute lecture will be given at the beginning of the class. The class will begin with a 30-minute lecture followed by a 60-minute discussion, a 30-minute presentation, and a 30-minute feedback session. Discussion will follow the 5W1H (What, Who, When, Where, Why, How) principle.

Course Planning（授業計画）

	Course Outline/ Course Objectives（授業の概要及び到達目標） （Contents of Class）　　（　　（授業内容）　　）	Instructor (担当教員名)	Department （講座名） Class Room〔実施場所〕
1	Orientation	YONG KIM FONG ROSELINE	
2	Community care for social withdrawal	YONG KIM FONG ROSELINE	
3		YONG KIM FONG ROSELINE	
4	Sucide prevention in community	YONG KIM FONG ROSELINE	Department of Environmental Health Science and Public Health〔Seminar Room〕
5	Field work and Research plan	YONG KIM FONG ROSELINE	
6	Research Interim Presentations	YONG KIM FONG ROSELINE	
7	Research Final Presentations	YONG KIM FONG ROSELINE	
8		YONG KIM FONG ROSELINE	

Grading Criteria　　（成績評価の基準と方法）

One credit will be awarded for a total of 45 hours (30 hours of lectures in the seminar room and WebClass + 15 hours of self-study), and evaluation will be based on attendance, attitude, and the content of submitted reports.Evaluation is based on attendance, attitude, and the content of submitted reports.

Contact Information（問い合わせ先(氏名，メールアドレス等)）

Name：YONG KIM FONG ROSELINE / E-mail：yangjinhong@gmail.com

Coment　　（その他特記事項）

Information on course: If you are unable to attend the practical training due to work, such as a working graduate student, we will respond to the schedule adjustment.
Textbooks and References: Distribute materials as necessary. Or specify the literature.
Contents of self-study time: It is desirable to conduct preparatory learning according to the goal and class content.