

Category (科目区分)	Cluster of Community Health Promotion System		
Course Title (授業科目名)	Practice of lifestyle-related disease control / preventive epidemiological research		
Instructors (担当者名)	Kyoko Nomura	Academic Year (配当年次)	1
Required Course / Elective Course (必修/選択)	Elective Course	Credits (単位数)	1
Class Format (授業形態)	Experimental practice		
Schedule (開講期間)	Students will be contacted by e-mail after the course registration is completed.		
Class Date/Period (開講曜日・時間)	Students will be contacted by e-mail after the course registration is completed.		
Course Outline/ Course Objectives (授業の概要・到達目標)			
Purpose of the class: Focus on cerebrovascular diseases among lifestyle-related diseases facing Akita Prefecture. The purpose of this study is to learn about preventive interventions for hypertension and cardiovascular preventive epidemiology in general. Course Objectives: The goal is to actually participate in the Osako cohort study which became the ground of the evidence crisis of the guideline in the home blood pressure, and to learn about the circulatory cohort research with a history of 30 years. Course Outline: Participate in osako screening and learn about epidemiological research and data analysis of hypertension and cerebral cardiovascular disease.			
Course Planning (授業計画)			
	Course Outline/ Course Objectives (授業の概要及び到達目標) (Contents of Class) (授業内容)	Instructor (担当教員名)	Department (講座名) Class Room [実施場所]
1	Orientation	Kyoko Nomura (Professor)	Department of Environmental Health Science and Public Health, Akita University Graduate School of Medicine [Seminar Room]
2			
3	Osako Cohort Study: Epidemiological Study of Hypertension and Cerebral Cardiovascular Disease Data Analysis	Kyoko Nomura (Professor)	Department of Environmental Health Science and Public Health, Akita University Graduate School of Medicine [Osako Cohort Study Field]
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Grading Criteria (成績評価の基準と方法)			
In lectures and experimental practice in the lecture room, discussions with supervisors 30 hours + self-study 15 hours, 1 credit in a total of 45 hours, and evaluations are carried out in consideration of attendance status and the contents of submitted reports.			
Contact Information (問い合わせ先(氏名, メールアドレス等))			
Name : Kyoko Nomura / E-mail : knomura@med.akita-u.ac.jp			
Coment (その他特記事項)			
Information on courses: From November to March, from November to March, participants participated in the osako screening at a pace of once a month (up to 2 participants per visit. Travel expenses are negotiable). Being able to participate in the practical training is a condition of taking the course. Textbooks and References: Distribute materials as necessary. Or specify the literature. Self-study content: It is desirable to conduct preparatory learning according to the goal and class content.			