

Akita University Training Program in Occupational Health and Public Health

For: Trisakti University Students

Period: August 18–September 1, 2025

Student Information

- 1. Ms. Ainaya Az Zahra
- 2. Ms. Aisyah Alya Putri
- 3. Mr. Jason Tan
- 4. Mr. Muhammad Amru Hammam El Putra

Host name: Kyoko Nomura (cell phone 090-5217-7070)

Host tutors: Marco, Marina, Melanie, marcela

Three students from the 3rd year of the School of Medicine were recruited for general support.

Maki, Nanaka, Makiko

Special supporter Dr. KoHei TODA, Dr. Arief

International Exchange Committee

Prof. Ueki, Mr. Hachiya

Day / Date	Program / Venue	AM	Lunch	Program / Venue	PM
		Content / Description			Content / Description
Day 1 (Tue, Aug 18)	Induction by Nomura	Orientation, overview of occupational Health in Japan, topics (mental health, Akita labour statistics), site visit preparation, course orientation	Wecome Lunch (Departmet)	Overview of occupational diseases in Japan, epidemiology of occupational diseases, and mental health issues in Japan	Overview of occupational diseases in Japan, epidemiology of occupational diseases, and mental health issues in Japan
Day 2 (Wed, Aug 19)	Labo experience with Ali and Prof. Ishii	9:45 Seminar room of Public Health 10:00 Labo	Pizza lunch by International Exchange Committee	Rehabilitation room observation with Dr. Kimura	12:50 Seminar room of Public Health 13:00 Rehabilitation room
Day 3 (Thu, Aug 20)	Medical Simulation	9:15 Seminar room of Public Health 9:30 Simulation center 1st FL		Medical Simulation	13:30 Simulation center 1st FL with Dr. Okazaki
Day 4 (Fri, Aug 21)	8:30 AM hotel pick up 9:00-12:00 Workplace Visit	【写真・7】Observation of occupational health and safety practices at three JR East workplaces; discussion and feedback session; presentation of occupational health case	Quick Lunch	① Marco	
Day 5 (Sat, Aug 22)					
Day 6 (Sun, Aug 23)					
Day 7 (Mon, Aug 24)	【写真・5】Local Hospital (HONJO DAIICHI)Outpatient Clinic , Laparoscopic Surgery observation	Observation of outpatient services, patient care, and discussions in a local Japanese hospital	Lunch with Nomura (Yurihonjo)	【写真・3】16:00~ Dr. Kohei Tohda, MD Director, Vaccination Center, Akita Red Cross Hospital Polio and Measles Prevention in East Asia	Followed by Light Refreshments and Informal Discussion
Day 8 (Tue, Aug 25)	【写真・4】Global Public Health Challenges and Student Exchange Session	Indonesia: Major public health challenges Japan: Aging society, declining birth rate, occupational health Egypt/ St Lucia/Brazil Discussion on future international collaboration	Social networking Lunch (Department)	at 14:00 Akita Police head quarter Worksite tour	Observation of occupational safety and health practices, and health risk assessment reports
Day 9 (Wed, Aug 26)	②Melanie		Social networking Lunch (Department)	【写真・6】13:30-15:30 Worksite tour (AKITA-SEIREN)https://hd.dowa.co.jp/ja/index.html	Health risk assessment, labor and safety inspection, and participation in the Labor and Safety Conference
Day 10 (Thu, Aug 27)	Robotic Surgery observation	9:45 Seminar room of Public Health 10:00 Dep of Urology		Robotic Surgery observation	
Day 11 (Fri, Aug 28)	Digital Medical Education	9:00 meet Dr. Oikawa		Worship at Tegata	Ali?
Day 12 (Sat, Aug 29)	Omagari fire works				
Day 13 (Sun, Aug 30)					
Day 14 (Mon, Aug 31)	③Marina			④Marcela	
Day 15 (Tue, Sep 1)	Student Presentations	Lessons learned from Japanese healthcare system Future challenges in global health 11:00–11:30 Certificate Award Ceremony	Deaprtment Farewell lunch	14:00~ Dean Prof. Miyakoshi Course completion ceremony at the University	